

Valley Conference Girls Championship

Lake Crystal - 5/15/18

TEAM SCORES

Scored 10-8-6-4-2-1

- 1 Lcwm-Nicollet 181.0
- 2 St Clair/ImmanuelLuth 108.0
- 3 Martin County West 91.0
- 4 Janesvl-Waldrf-Pmbrtn 77.0
- 5 Mad/Tru/Ghec/MarLuth 73.0
- 6 Mankato Loyola/Clvlnd 25.0

Girls 100 Meter Dash

Round 1, Heat 1

Pl Name Grade Team Finals

- 1 MaKenna Thurston 11 Lcwm-Nicollet 13.69Q
- 2 Reese Goeringer 10 Lcwm-Nicollet 13.75Q
- 3 Anna Pepper 10 St Clair/ImmanuelLuth 13.77
- 4 Lillian Maul 10 Mad/Tru/Ghec/MarLuth 13.85
- 5 Samantha Hecht 9 Martin County West 14.10
- 6 Alyson Vaughan 8 St Clair/ImmanuelLuth 14.22
- 7 Meea Atkinson 7 Mankato Loyola/Clvlnd 14.51
- 8 Anna Grydzhuk 11 Mankato Loyola/Clvlnd 16.00

Round 1, Heat 2

Pl Name Grade Team Finals

- 1 Faith Garbers 12 Lcwm-Nicollet 14.13Q
- 2 Ella Meyers 8 Martin County West 14.38Q
- 3 Sam Maul 12 Mad/Tru/Ghec/MarLuth 14.43
- 4 Hailey Dingman 8 St Clair/ImmanuelLuth 14.59
- 5 Makayla Hall 10 Mad/Tru/Ghec/MarLuth 14.61
- 6 Liz Fisher 10 Martin County West 14.83
- 7 Sierra Roberts 9 Janesvl-Waldrf-Pmbrtn 16.15
- 8 Ashlin Keyes 7 Janesvl-Waldrf-Pmbrtn 16.51

Final

Pl Name Grade Team Finals

- 1 MaKenna Thurston 11 Lcwm-Nicollet 13.42
- 2 Faith Garbers 12 Lcwm-Nicollet 13.719
- 3 Lillian Maul 10 Mad/Tru/Ghec/MarLuth 13.726
- 4 Reese Goeringer 10 Lcwm-Nicollet 13.74
- 5 Anna Pepper 10 St Clair/ImmanuelLuth 13.85
- 6 Samantha Hecht 9 Martin County West 14.14
- 7 Ella Meyers 8 Martin County West 14.346
- 8 Alyson Vaughan 8 St Clair/ImmanuelLuth 14.347

Girls 200 Meter Dash

Round 1, Heat 1

Pl Name Grade Team Finals

- 1 Anna Pepper 10 St Clair/ImmanuelLuth 28.82Q
- 2 Faith Garbers 12 Lcwm-Nicollet 29.68Q
- 3 Makayla Hall 10 Mad/Tru/Ghec/MarLuth 29.88q
- 4 Sam Maul 12 Mad/Tru/Ghec/MarLuth 29.92q
- 5 Ella Meyers 8 Martin County West 30.25
- 6 Kylee Rowen 8 Martin County West 32.01
- 7 Amber Casto 9 St Clair/ImmanuelLuth 33.12

Round 1, Heat 2

Pl Name Grade Team Finals

- 1 MaKenna Thurston 11 Lcwm-Nicollet 28.18Q
- 2 Olivia Anderson 9 Martin County West 28.47Q
- 3 Mckenna Ziemke 8 Janesvl-Waldrf-Pmbrtn 28.48q
- 4 Lillian Maul 10 Mad/Tru/Ghec/MarLuth 28.96q
- 5 Alyson Vaughan 8 St Clair/ImmanuelLuth 30.07

6 Ruby Hoffman 10 Lcwm-Nicollet 31.73
7 Ashlin Keyes 7 Janesvl-Waldrf-Pmbrtn 33.47
8 Sierra Roberts 9 Janesvl-Waldrf-Pmbrtn 36.11

Final

Pl Name Grade Team Finals

1 MaKenna Thurston 11 Lcwm-Nicollet 27.54
2 Olivia Anderson 9 Martin County West 28.43
3 Lillian Maul 10 Mad/Tru/Ghec/MarLuth 28.57
4 Anna Pepper 10 St Clair/ImmanuelLuth 28.60
5 Faith Garbers 12 Lcwm-Nicollet 28.77
6 Mckenna Ziemke 8 Janesvl-Waldrf-Pmbrtn 29.36
7 Sam Maul 12 Mad/Tru/Ghec/MarLuth 29.67
8 Makayla Hall 10 Mad/Tru/Ghec/MarLuth 30.64

Girls 400 Meter Dash

Pl Name Grade Team Finals

1 MaKenna Thurston 11 Lcwm-Nicollet 61.73 H2
2 Jayda Rowen 11 Martin County West 63.22 H2
3 Katie Lange 9 Martin County West 65.77 H2
4 Kiana Preston 9 Mad/Tru/Ghec/MarLuth 66.45 H2
5 Anna Pepper 10 St Clair/ImmanuelLuth 69.76 H2
6 Emalyn Larson 7 Lcwm-Nicollet 70.48 H2
7 Regan Asselin 7 Janesvl-Waldrf-Pmbrtn 71.20 H2
8 Gabby Lange 9 Martin County West 71.51 H2
9 Grace Nachreiner 8 Lcwm-Nicollet 71.86 H1
10 Claire Adams 8 Janesvl-Waldrf-Pmbrtn 73.26 H1
11 Kaelynn Meizell 9 Mad/Tru/Ghec/MarLuth 76.65 H1
12 Jada Sorenson St Clair/ImmanuelLuth 79.37 H1
13 Meredith Nelson 7 St Clair/ImmanuelLuth 80.31 H1
14 Regan Hoehn 10 Janesvl-Waldrf-Pmbrtn 83.31 H1

Girls 800 Meter Run

Pl Name Grade Team Finals

1 Madison Daly 8 St Clair/ImmanuelLuth 2:32.54
2 Olivia Flack 11 Lcwm-Nicollet 2:34.41
3 Emily Beckmann 12 Lcwm-Nicollet 2:34.83
4 Eaden Javens 12 Mankato Loyola/Clvlnd 2:35.72
5 Kiana Preston 9 Mad/Tru/Ghec/MarLuth 2:38.71
6 CaleyAnn Clobes 11 Mad/Tru/Ghec/MarLuth 2:42.14
7 Sydney Gahlon 8 Janesvl-Waldrf-Pmbrtn 2:43.30
8 Gracie Zaharia 7 Mad/Tru/Ghec/MarLuth 2:47.90
9 Sophia Stading 7 Lcwm-Nicollet 2:51.49
10 Kaylon Lynch 8 Janesvl-Waldrf-Pmbrtn 2:52.60
11 Madison Lynch 9 St Clair/ImmanuelLuth 2:54.70
12 Kaitlyn Sizer 10 Mankato Loyola/Clvlnd 3:02.11
13 Ellie Meihak 8 Janesvl-Waldrf-Pmbrtn 3:03.55
14 Melissa Revland 11 Martin County West 3:04.01
15 Aspen Kosbab 7 Martin County West 3:12.75
16 Dylan Gregory 10 Martin County West 3:13.81

Girls 1600 Meter Run

Pl Name Grade Team Finals

1 Olivia Flack 11 Lcwm-Nicollet 5:50.30
2 Grace Busch 9 St Clair/ImmanuelLuth 5:53.72
3 Tasia Jordan 11 Lcwm-Nicollet 6:00.04
4 Logan Kosbab 10 Martin County West 6:18.70
5 Johnnie Zaharia 7 Mad/Tru/Ghec/MarLuth 6:28.06
6 Sarah Yenish 9 Mankato Loyola/Clvlnd 6:32.60

7 Faith Olson 7 Janesvl-Waldrf-Pmbrtn 6:37.21
8 Sonja Roemhildt 10 Lcwm-Nicollet 6:45.85
9 Danielle Hoepfner 8 Janesvl-Waldrf-Pmbrtn 6:46.50
10 Kaitlyn Sizer 10 Mankato Loyola/Clvlnd 6:53.32
11 Lucy Larson 7 Martin County West 6:57.84
12 Sarena Remiger 7 Mankato Loyola/Clvlnd 7:07.60
13 Dylan Gregory 10 Martin County West 7:31.55
14 Mackenzie Peterson 10 Mad/Tru/Ghec/MarLuth 8:40.85
Deanna Martin 11 Mad/Tru/Ghec/MarLuth DNC

Girls 3200 Meter Run

Pl Name Grade Team Finals

1 Grace Busch 9 St Clair/ImmanuelLuth 12:36.49
2 Tasia Jordan 11 Lcwm-Nicollet 12:47.35
3 Grace Moeller 8 Lcwm-Nicollet 12:52.79
4 Emma Johnson 9 Janesvl-Waldrf-Pmbrtn 12:57.79
5 Kyla Haas 12 Mankato Loyola/Clvlnd 13:05.68
6 Ellie Nygren 10 Mankato Loyola/Clvlnd 13:12.64
7 Addison Peed 7 Janesvl-Waldrf-Pmbrtn 13:23.69
8 Emily Matejka 10 Martin County West 14:21.87
9 Mackenzie Petersen 9 Martin County West 14:23.28
10 Emalyn Larson 7 Lcwm-Nicollet 14:45.46
11 Regan Hoehn 10 Janesvl-Waldrf-Pmbrtn 15:56.56

Girls 100 Meter Hurdles

Round 1, Heat 1

Pl Name Grade Team Finals

1 Lauren Dimler 8 Janesvl-Waldrf-Pmbrtn 17.15Q
2 Carson Stock 11 Lcwm-Nicollet 18.86Q
3 Hallie Olson 12 Martin County West 19.97q
4 Samantha Wehking 8 Janesvl-Waldrf-Pmbrtn 20.36q
5 Lauren Yenish 7 Mankato Loyola/Clvlnd 20.60
6 Jonissa Neitzel 9 Mad/Tru/Ghec/MarLuth 23.79
7 Kendall Robertson 9 Lcwm-Nicollet 24.30
8 Emily Schumacher 12 Mankato Loyola/Clvlnd 25.07

Round 1, Heat 2

Pl Name Grade Team Finals

1 Abby Calkins 10 Mad/Tru/Ghec/MarLuth 17.63Q
2 Michaela Karels 12 St Clair/ImmanuelLuth 17.71Q
3 Brooke Grathwohl 8 Mad/Tru/Ghec/MarLuth 18.94q
4 Olivia Drummer 12 St Clair/ImmanuelLuth 19.04q
5 Lucy Larson 7 Martin County West 21.23
6 Megan Walz 9 Janesvl-Waldrf-Pmbrtn 21.84
7 Kayleeann Hoehn 7 Lcwm-Nicollet 23.32
Sarah Fisher 7 Martin County West DNC

Final

Pl Name Grade Team Finals

1 Lauren Dimler 8 Janesvl-Waldrf-Pmbrtn 16.92
2 Abby Calkins 10 Mad/Tru/Ghec/MarLuth 17.72
3 Michaela Karels 12 St Clair/ImmanuelLuth 18.28
4 Brooke Grathwohl 8 Mad/Tru/Ghec/MarLuth 18.60
5 Carson Stock 11 Lcwm-Nicollet 18.85
6 Olivia Drummer 12 St Clair/ImmanuelLuth 18.95
7 Hallie Olson 12 Martin County West 19.90
8 Samantha Wehking 8 Janesvl-Waldrf-Pmbrtn 20.06

Girls 300 Meter Hurdles

Pl Name Grade Team Finals

- 1 Lauren Dimler 8 Janesvl-Waldrf-Pmbrtn 50.10 H2
- 2 Abby Calkins 10 Mad/Tru/Ghec/MarLuth 53.01 H2
- 3 Samantha Hecht 9 Martin County West 53.35 H2
- 4 Olivia Drummer 12 St Clair/ImmanuelLuth 54.79 H2
- 5 Jessi Johnson 11 Lcwm-Nicollet 55.20 H2
- 6 Brooke Grathwohl 8 Mad/Tru/Ghec/MarLuth 55.85 H2
- 7 Megan Walz 9 Janesvl-Waldrf-Pmbrtn 56.80 H1
- 8 Emily Schumacher 12 Mankato Loyola/Clvlnd 57.17 H1
- 9 Lynae Casto 11 St Clair/ImmanuelLuth 57.97 H1
- 10 Madasin Whitehead 7 Martin County West 58.80 H1
- 11 Kendall Robertson 9 Lcwm-Nicollet 59.89 H2
- 12 Lauren Yenish 7 Mankato Loyola/Clvlnd 61.65 H2
- 13 Lucy Larson 7 Martin County West 62.06 H1
- 14 Elizabeth White 8 Janesvl-Waldrf-Pmbrtn 62.77 H1
- 15 Kayleeann Hoehn 7 Lcwm-Nicollet 67.02 H1

Jonissa Neitzel 9 Mad/Tru/Ghec/MarLuth DNC H1

Girls 4x100 Meter Relay

Pl Team Finals

- 1 Lcwm-Nicollet 54.74
- 2 Janesvl-Waldrf-Pmbrtn 55.00
- 3 Martin County West 55.81
- 4 St Clair/ImmanuelLuth 56.23
- 5 Mankato Loyola/Clvlnd 58.34

Girls 4x200 Meter Relay

Pl Team Finals

- 1 Janesvl-Waldrf-Pmbrtn 1:54.75
- 2 Martin County West 1:57.77
- 3 St Clair/ImmanuelLuth 1:57.84
- 4 Mad/Tru/Ghec/MarLuth 1:57.94
- 5 Lcwm-Nicollet 2:00.56
- 6 Mankato Loyola/Clvlnd 2:07.97

Girls 4x400 Meter Relay

Pl Team Finals

- 1 Martin County West 4:19.58
- 2 Lcwm-Nicollet 4:26.86
- 3 Mankato Loyola/Clvlnd 4:38.13
- 4 St Clair/ImmanuelLuth 4:41.60
- 5 Janesvl-Waldrf-Pmbrtn 4:46.13

Girls 4x800 Meter Relay

Pl Team Finals

- 1 Lcwm-Nicollet 10:35.36
- 2 Janesvl-Waldrf-Pmbrtn 10:45.98
- 3 Mankato Loyola/Clvlnd 10:48.78
- 4 Mad/Tru/Ghec/MarLuth 11:05.46
- 5 Martin County West 11:47.87

Girls Long Jump

Pl Name Grade Team Finals

- 1 Lauren Dimler 8 Janesvl-Waldrf-Pmbrtn 16-4
- 2 Faith Garbers 12 Lcwm-Nicollet 16-4
- 3 Lillian Maul 10 Mad/Tru/Ghec/MarLuth 15-11 1/2
- 4 Katie Lange 9 Martin County West 15-10 1/2
- 5 Becca Grenz 12 Lcwm-Nicollet 15-3
- 6 Tayler Johnson 10 Lcwm-Nicollet 14-6 1/2
- 7 Emily Olson 9 Janesvl-Waldrf-Pmbrtn 13-10 1/2
- 8 Lucy Larson 7 Martin County West 13-8 1/2
- 9 Madison Lynch 9 St Clair/ImmanuelLuth 13-8
- 10 Lynae Casto 11 St Clair/ImmanuelLuth 13-7
- 11 Sam Maul 12 Mad/Tru/Ghec/MarLuth 13-3 1/2
- 12 Megan Walz 9 Janesvl-Waldrf-Pmbrtn 12-9
- 13 Kiersten Pietsch 9 St Clair/ImmanuelLuth 11-10 1/2
- 14 Johnnie Zaharia 7 Mad/Tru/Ghec/MarLuth 11-3 1/2

Girls Triple Jump

Round 1, Flight 1

Pl Name Grade Team Finals

- 1 Reese Goeringer 10 Lcwm-Nicollet 31-11q
- 2 Jayda Rowen 11 Martin County West 31-3q
- 3 Samantha Hecht 9 Martin County West 30-4q
- 4 Mckenna Ziemke 8 Janesvl-Waldrf-Pmbrtn 30-3q
- 5 Addison Peed 7 Janesvl-Waldrf-Pmbrtn 30-3q
- 6 Makayla Hall 10 Mad/Tru/Ghec/MarLuth 30-2q
- 7 Michaela Karels 12 St Clair/ImmanuelLuth 30-2q
- 8 Carson Stock 11 Lcwm-Nicollet 29-9q
- 9 Jessi Johnson 11 Lcwm-Nicollet 29-9q
- 10 Sophia Cazier 10 St Clair/ImmanuelLuth 29-7
- 11 Madison Lynch 9 St Clair/ImmanuelLuth 28-9
- 12 Johnnie Zaharia 7 Mad/Tru/Ghec/MarLuth 27-3
- 13 Jonissa Neitzel 9 Mad/Tru/Ghec/MarLuth 27-1
- 14 Megan Walz 9 Janesvl-Waldrf-Pmbrtn 26-11 1/2
- Annie Schafer 9 Martin County West ND

Final

Pl Name Grade Team Finals

- 1 Jayda Rowen 11 Martin County West 32-2
- 2 Carson Stock 11 Lcwm-Nicollet 32-1
- 3 Reese Goeringer 10 Lcwm-Nicollet 31-11
- 4 Makayla Hall 10 Mad/Tru/Ghec/MarLuth 31-5
- 5 Samantha Hecht 9 Martin County West 30-4 1/2
- 6 Addison Peed 7 Janesvl-Waldrf-Pmbrtn 30-3
- 7 Mckenna Ziemke 8 Janesvl-Waldrf-Pmbrtn 30-3
- 8 Michaela Karels 12 St Clair/ImmanuelLuth 30-2
- 9 Jessi Johnson 11 Lcwm-Nicollet 29-9

Girls Shot Put

Round 1, Flight 1

Pl Name Grade Team Finals

- 1 Alexi Schaffer 11 Martin County West 28-2 1/4
- 2 Liza Felber 10 St Clair/ImmanuelLuth 26-11
- 3 Alexa Cords 8 Janesvl-Waldrf-Pmbrtn 26-10 1/2
- 4 Jada De La Cruz 12 Mad/Tru/Ghec/MarLuth 26-1 1/2
- 5 Sydnee Germscheid 10 Mankato Loyola/Clvlnd 25-2
- 6 Chantal Weber 11 Mankato Loyola/Clvlnd 24-9
- 7 Addison Oliver 8 Janesvl-Waldrf-Pmbrtn 23-9 1/2

8 Breahna Slaughter 10 Janesvl-Waldrf-Pmbrtn 23-9
9 Aubri Rentschler 7 Mankato Loyola/Clvlnd 22-7
Round 1, Flight 2
Pl Name Grade Team Finals
1 Olivia Drummer 12 St Clair/ImmanuelLuth 37-0 1/2q
2 Megan Mettler 12 St Clair/ImmanuelLuth 35-9q
3 Lakesha Carter 9 Lcwm-Nicollet 34-1 1/4q
4 Makena Larson 9 Martin County West 30-9q
5 Terese De Madariaga 10 Lcwm-Nicollet 29-6q
6 Thejen Luoth 12 Mad/Tru/Ghec/MarLuth 28-11q
7 Liz Fisher 10 Martin County West 28-10q
8 Alayna De La Cruz 11 Mad/Tru/Ghec/MarLuth 28-9 3/4q
9 Grace Rydeen 10 Lcwm-Nicollet 28-3 1/2

Final

Pl Name Grade Team Finals
1 Megan Mettler 12 St Clair/ImmanuelLuth 38-4
2 Olivia Drummer 12 St Clair/ImmanuelLuth 37-5
3 Makena Larson 9 Martin County West 34-4
4 Lakesha Carter 9 Lcwm-Nicollet 34-1 1/4
5 Thejen Luoth 12 Mad/Tru/Ghec/MarLuth 31-1
6 Alayna De La Cruz 11 Mad/Tru/Ghec/MarLuth 29-8
7 Terese De Madariaga 10 Lcwm-Nicollet 29-6
8 Liz Fisher 10 Martin County West 28-10

Girls Discus Throw

Round 1, Flight 1

Pl Name Grade Team Finals
1 Thejen Luoth 12 Mad/Tru/Ghec/MarLuth 81-2q
2 Lakesha Carter 9 Lcwm-Nicollet 78-9q
3 Melissa Revland 11 Martin County West 73-5
4 Chantal Weber 11 Mankato Loyola/Clvlnd 72-5
5 Sarena Remiger 7 Mankato Loyola/Clvlnd 67-10
6 Jada De La Cruz 12 Mad/Tru/Ghec/MarLuth 67-0
7 Aubri Rentschler 7 Mankato Loyola/Clvlnd 66-10
8 Regan Hoehn 10 Janesvl-Waldrf-Pmbrtn 61-8
9 Addison Oliver 8 Janesvl-Waldrf-Pmbrtn 60-9
10 Alexa Cords 8 Janesvl-Waldrf-Pmbrtn 59-5
11 Emily Stauter 9 Mad/Tru/Ghec/MarLuth 41-9

Round 1, Flight 2

Pl Name Grade Team Finals
1 Makena Larson 9 Martin County West 106-7q
2 Megan Mettler 12 St Clair/ImmanuelLuth 101-3q
3 Michaela Karels 12 St Clair/ImmanuelLuth 99-7q
4 Grace Rydeen 10 Lcwm-Nicollet 82-6q
5 Olivia Drummer 12 St Clair/ImmanuelLuth 80-7q
6 Terese De Madariaga 10 Lcwm-Nicollet 79-10q
7 Alexi Schaffer 11 Martin County West 75-5

Final

Pl Name Grade Team Finals
1 Makena Larson 9 Martin County West 107-3
2 Michaela Karels 12 St Clair/ImmanuelLuth 104-10
3 Megan Mettler 12 St Clair/ImmanuelLuth 101-3
4 Terese De Madariaga 10 Lcwm-Nicollet 86-2
5 Thejen Luoth 12 Mad/Tru/Ghec/MarLuth 85-9
6 Olivia Drummer 12 St Clair/ImmanuelLuth 85-7
7 Grace Rydeen 10 Lcwm-Nicollet 82-6
8 Lakesha Carter 9 Lcwm-Nicollet 78-9

Girls High Jump

Pl Name Grade Team Finals

- 1 Kayli Hinze 7 Janesvl-Waldrf-Pmbrtn 5-0
- 2 Rachel Schultz 11 Mad/Tru/Ghec/MarLuth 4-10
- 3 Mackenzie Kruse 11 St Clair/ImmanuelLuth 4-10
- 4 Sophia Cazier 10 St Clair/ImmanuelLuth 4-8
- 5 Sami Naples 9 Mankato Loyola/Clvlnd 4-8
- 6 Carson Stock 11 Lcwm-Nicollet 4-6
- 7 Sarena Remiger 7 Mankato Loyola/Clvlnd 4-6
- 8 Isabella Lange 7 Martin County West 4-4
- 9 Jessi Johnson 11 Lcwm-Nicollet 4-4
- 9 Olivia Anderson 9 Martin County West 4-4
- 11 Samantha Wehking 8 Janesvl-Waldrf-Pmbrtn 4-4
- 12 Brooke Sonnek 9 St Clair/ImmanuelLuth 4-2
- 13 Lauren Yenish 7 Mankato Loyola/Clvlnd 4-2
- 14 Tayler Johnson 10 Lcwm-Nicollet 4-2
- 15 Ashlin Keyes 7 Janesvl-Waldrf-Pmbrtn 4-0
- 16 Logan Kosbab 10 Martin County West 4-0

Girls Pole Vault

Pl Name Grade Team Finals

- 1 Becca Grenz 12 Lcwm-Nicollet 8-6
- 2 Emily Beckmann 12 Lcwm-Nicollet 8-0
- 3 Terese De Madariaga 10 Lcwm-Nicollet 8-0
- 4 Madison Daly 8 St Clair/ImmanuelLuth 7-6
- 5 Samantha Wehking 8 Janesvl-Waldrf-Pmbrtn 7-6
- 6 Emma Johnson 9 Janesvl-Waldrf-Pmbrtn 7-0
- 7 Hannah Schommer 9 St Clair/ImmanuelLuth 7-0
- 8 Lily Sonnek 7 St Clair/ImmanuelLuth 6-0